

# Collingwood Little Athletics 2020/21 Season Information



PRESIDENT: Ben Daly  
REGISTRAR: Melinda Fitzgibbon  
SECRETARY: Kep Turnour  
TREASURER: Terry Sheehan  
COVID SAFE OFFICIAL: Cara Webber

GEORGE KNOTT ATHLETICS TRACK  
HEIDELBERG ROAD, CLIFTON HILL  
EMAIL: [info@clac10.org.au](mailto:info@clac10.org.au)  
FACEBOOK: [www.facebook.com/CLAC10](https://www.facebook.com/CLAC10)  
WEBSITE: [www.clac10.org.au](http://www.clac10.org.au)

**This is a brief introduction to Collingwood Little Athletics Centre (CLAC) for families for the 2020/21 season. Please read carefully as due to COVID this season will be operating differently from previous seasons, and in line with COVID protocols and restrictions.**

## Summer Season Overview

Our summer season will be starting later this year due to the Metro Melbourne restrictions. The expected start date is Saturday, 14 November 2020. The CLAC season will consist of 13 competition meets, along with a Multi-Day, and a Nitro/ Handicap night.

Saturday, 14<sup>th</sup> November will be a Welcome Day along with presentation of trophies from the 19/20 season. At the welcome day you'll be able to collect competition tags, buy uniforms and try out some track and field events.

## LAVic Registration Portal Open:

**When:** From Thursday 5<sup>th</sup> November 2020

**Where:** <https://lavic.com.au/membership/>

## First Club Competition Day:

**When:** Saturday 21<sup>st</sup> November 2020

**Where:** George Knott Reserve and Athletics Track, Clifton Hill

## What is the 2020/21 annual membership fee?

CLAC is a community club and we understand that our CLAC families have been financially impacted this year. Our summer season is also starting later than normal, therefore the CLAC committee has decided to reduce the membership fee for the 2020/21 season to **\$160** (this consists of \$82 LAVIC fee and \$78 CLAC fee). CLAC will cover the additional costs to run the program throughout the season.

Furthermore, LAVIC will be providing a 15% discount of their \$82 component to all returning athletes. Once the membership is paid, LAVIC will return \$12.30 back to the credit card used for payment.

## What does membership fee cover?

The membership fee covers both the 2020/21 Summer season and 2021 Winter cross country:

- Centre-based competition for all U6 – U16 athletes
- Skill development sessions at centre and association level for all U6 – U8 athletes
- Centre training and development (Tuesdays 4-5 pm) with Athletics Australia qualified coaches
- Access to Little Athletics Victoria Junior Development Squad training (qualification dependant)
- Region and state based competition for U9 – U16 athletes (entry/qualification dependant)

### **How will the competition days work?**

Due to the restrictions on the number of athletes allowed at the track and each event, the competition days will be broken into two sessions. At this stage we are proposing the session times/ duration to be as follows:

Session 1: 8.30am- 10.00am

Session 2: 10.00am – 11.30am

We will allocate the athletes registered for each session into their appropriate age group, as best as possible, depending on the number and composition of the athletes registered for a session.

As the season progresses and restrictions are eased, we will continue to adapt to become as close to normal as possible.

You will be required to book into Competition and Training sessions each week via TeamApp, and also register your attendance at the track via a QR code. Refer to the TeamApp and QR Code information sheet.

### **Is there a cap on the number of athletes allowed at the track, and are parents allowed inside the track?**

The maximum number of athletes allowed at each track and field event is 10, and athletes must maintain a 1.5m physical distancing for field events. We will be running multiple groups of 10 in each time slot and each group will move from one event to another without interacting with other groups.

Only attendees essential to the conducting of the events are to be present. This includes the athlete and **one** supervising parent/ guardian. The presence of parents/guardian is required for the safe conduct of sanctioned Little Athletics activities.

As much as we love having the athlete's grandparents and special people come along to the track, spectators are not required or essential to the conducting of events and cannot attend at this stage. This includes relatives (such as grandparents), friends, coaches (competition only), members of the general public etc. whose presence is not essential for the conducting of competition activities or required to supervise children.

A supervising parent/ guardian of an athlete who also has children under the age of 5, is allowed to bring their children (aged under 5) to the session if they have no other alternative.

CLAC will have an official on the track gate to operate the attendance register and to ensure that only the athlete and the supervising adult can enter the track.

Please note that additional adults/ parents are allowed inside the track for the purpose of volunteering at events and can attend only in a volunteering capacity.

### **How will you keep attendance records?**

We'll be using TeamApp for you to book into a competition/ training timeslot, and the QR code for attendance records. Please ensure you have registered for CLAC on TeamApp and have added each of your children to your account, along with their correct age group.

Due to the limit of 10 athletes at each event, registration is required prior to each training and competition meet via TeamApp.

Refer to the TeamApp and QR Code information sheet.

### **Will CLAC be providing hand sanitiser?**

Hand sanitiser and wipes will be available at all events, and in the changeroom and toilets.

**Are facemasks required within the track?**

Yes, facemasks are required by all attendees at the track 12 years of age and older. This includes our athletes when not competing, that is when they are not on the field of play.

**How is the equipment being sanitised before, during and after competitions?**

All equipment will be cleaned with disinfectant wipes before and after use (the exception being if an athlete supplies their own equipment).

Athletes will be required to sanitise their hands after using equipment, including their own.

*High jump:* all forms of high jump are permissible, with all equipment being thoroughly cleaned after the session; each athlete is required to sanitise their hands after each jump.

*Shot Put/ Discus/ Javelin:* these implements will be cleaned and sanitised before & after use by each athlete.

*Long & triple jump:* when athletes are leaving the pit, athletes must clean their hands of sand first and then sanitise. The sand will also be sprayed with a cleaning solution between athletes.

Only the Coach and CSO (other person(s) designated by the CSO) can collect equipment from the equipment shed and then return it.

**Will there be access to the club changerooms and toilet facilities?**

Access to changerooms and toilets is permitted and will be open for use.

**Will the canteen be operating?**

At the start of the season our focus will be on ensuring the competition runs as smooth as possible, therefore we will not have the canteen open so that we can focus on the competition events. As the season progresses, we aim to have the canteen open later in the season.

**What are the physical distancing guidelines?**

All attendees (exclusive of competing athletes) will be required to strictly maintain physical distancing of at least 1.5m at all times. Attendees must not gather in groups exceeding 10 people.

Adults who are not volunteering at events will be required to stay on the side grass area or on the stand.

Parents/ guardians will be not be able to go onto the track or oval.

**How do I enter and exit George Knott Athletics Track for competition meets?**

Entry to the track will be via the **Heidelberg Rd** gate from the car park, and you will be required to scan the QR code on entry. As you enter, we'll direct the athlete to their first event. We'll be closing the entry gate 15mins after the start time and no one will be permitted entry after that time.

The Exit gate will be via the **Merri Creek** gate and you will be required to scan the QR code again to exit.

CLAC will have committee members on the entry gate to ensure every attendee has scanned the QR code, and that there is only one adult per member.

For full LA Vic Metropolitan Melbourne COVID-19 Protocols click [here](#)