

Age Group	Track		Field	
U6	70m	Ontrack		
U7	70m	Ontrack	Long Jump	
U8 G	70m	Ontrack	Long Jump	Shot Put
U8 B	70m	Ontrack	Long Jump	Shot Put
U9 - U10	200m	400m	High Jump	Discus
U11+ G	200m	400m	Triple Jump	Shot Put
U11+ B	200m	400m	Long Jump	Shot Put