

2021 Eastern 7's Cross Country Calendar

Version 2 as at 16/4

Calendar Subject to Change

April	Duty Centre	Venue
Sunday 18th	Box Hill	Gardiners Creek (Deakin Uni)
Saturday 24th	Diamond Valley / Whittlesea Note - This event starts at 8:30am and will follow the DVLAV timetable.	Bundoora Park, Bundoora
Sunday 25th	ANZAC Day No Race	
May		
Sunday 2nd	Kew Note - This Event will not follow the EMR timetable. Event will commence at 9am with the last event completed by 10am.	Stradbroke Park
Saturday 8th	Diamond Valley / Whittlesea Note - This event starts at 8:30am and will follow the DVLAV timetable.	TBC
Sunday 9th	Mothers Day - No Race	
Sunday 16th	Nunawading	Bill Sewart Athletic Track
Saturday 22nd May	Knox Open Day Fees Apply	Jells Park South
Sunday 23rd	Camberwell-Malvern	Orchard Grove
Saturday 30th	Box Hill Open Day Entry Fee Applicable	Wattle Park
June		
Saturday 5th	LAVIC - State Cross Country Relays	Cruden Farm
Saturday 13th	EMR Region Cross Country	Jells Park South
School Holidays 26th June to 11 July		
26 or 27	LAVIC EMR Regionals	TBC
July		
Saturday 11th	Ringwood	AC Robertson Field Ringwood Athletics Track
Sunday 18th	Collingwood	TBC
Sunday 25th	Doncaster Possible Sheld Competition with DVLAC & WLAC	Ruffy Park
Sunday 31st	LAVIC State Cross Country	Lake Dewar
August		TBC

Easter 7's Race Schedule * See notes below.

Time	Distance	Age Group
9:30am	3000m	U13-U16
9:45am	2000m	U11-U12
10:00am	500m	U6
10:15am	1500m	U9-U10
10:30am	1000m	U7-U8

Note - Box Hill Open program is different to the above. See BHLAC Website.

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Notes -

1. Athletes are able to run a distance less than their age group except for the 500m which is reserved for the U6 athletes only.
2. Box Hill Open Day runs to a different time table.
3. Sunday 2nd May This race day will not follow the normal E7's race schedule.
4. Saturday 24th April & Saturday 8th May - these events will follow the DVLAC schedule.