

Collingwood Little Athletics 2023/24 Season Information



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GEORGE KNOTT ATHLETICS TRACK
HEIDELBERG ROAD, CLIFTON HILL
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Summer Season Overview

We will hold an Information Day/ Skills Clinic on Saturday the 9th of September at the George Knott Athletics Track from 9.00am – 11.00am.

Our Welcome Day and 1st Competition meeting will be held on Friday the 6th of October 2023 at the George Knott Athletics Track from 5.30pm – 7.30pm. You will be able to participate in some track and field events, collect competition tags and buy uniforms/ merchandise.

The CLAC season will consist of 17 weeks of events. This will be comprised of 15 competition meets, a Multi-Day (which is a mini-decathlon event), and a Nitro/ Handicap night.

LAVic Registration Portal Open:

When: 30th August 2023

Where: <https://lavic.com.au/membership/>

Season Start Date/ First Club Competition Day:

When: Friday 6th October 2023

Where: George Knott Reserve and Athletics Track, Clifton Hill

What is the 2023/24 annual membership fee?

The **membership fee is \$179** (this consists of the \$89 Little Athletics Victoria affiliation fee and \$90 CLAC fee). CLAC will cover the additional costs to run the program throughout the season.

If you register two or more children (from the same family) then a \$10 discount will be applied to the second & any subsequent children registered (hence the fee is **\$169 for the 2nd, 3rd & 4th child registered**).

New/ potential members can initially register for a “**two week trial**” to make sure they enjoy it before having to register for the full season & pay the membership fee.

When you register/ pay for the season you will also need to purchase a CLAC singlet to wear at our weekly competitions & region/ state events. **The cost of the singlet is \$35**. There is additional CLAC merchandise (hoodie/ cap/ drink bottle/ stickers) that can be purchased however these items aren't compulsory.

What does the membership fee cover?

The membership fee covers both the Summer (track) and Winter (cross country) seasons including:

- Club and interclub based competition for all U6 – U17 athletes
- Club training and development (every Tuesday from 4-5 pm) for all **season registered/ fully paid U8 – U17** athletes only with Athletics Australia qualified coaches
- Access to Little Athletics Victoria Junior Development Squad training (qualification dependant)
- Regional and State-based competition for U9 – U17 athletes (entry/qualification dependant)

How will the competition days work?

Our competitions are split between Saturday mornings and Friday nights (refer to Draft 2023/24 Season Calendar). At each competition all U8 – U17 athletes will compete in four events (sprint/ distance/ jump & throw). U6 & U7 athletes will complete on-track activities/ skill development under the guidance of a qualified coach.

There is no requirement to attend every week. You can attend whatever weeks suit you. An athlete must attend a minimum of 5 weeks to be eligible for a trophy at our end of season awards night.

The **Saturday morning competition will run from 8.30am – 10.30am** and the **Friday evening competition will run from 5.30pm – 7.30pm**.